

If you want superior quality protein for building lean muscle, optimizing metabolism, supporting bone and joint health, and supporting long-term Nitric Oxide production, then FIT20 is for you! FIT20 contains MCT for fast fuel and 20 grams of best-in-class grassfed whey and hydrolyzed collagen for long-lasting energy.\*

# Why You'll Love It

- Builds lean muscle, supports strength and flexibility\*
- Optimizes fat metabolism\*
- Provides lasting energy to help you power through your day\*
- Supports bone and joint health\*
- Supports healthy blood glucose\*
- Supports Nitric Oxide production\*

#### How It Works

- Provides lasting energy to help you power through your workout and your day.\*
- Delivers 20 grams of best-in-class grass-fed whey protein and hydrolyzed collagen to help optimize your metabolism and fuel your day.\*
- A powerful protein powder for building lean muscle, optimizing metabolism, supporting bone and joint health, improving post-workout recovery, and supporting long-term Nitric Oxide production.\*





No Preservatives, Artificial Colors, Flavors or Sweeteners



All Natural



## The SCIENCE of FIT20®

All Natural Performance Protein Blend



### What It Is

- Grass-fed Whey Protein Isolate: supports healthy muscle growth and provides immediate fuel\*
- Grass-fed Whey Protein Concentrate: supports healthy muscle growth and sustained energy and digestive support\*
- Grass-fed Hydrolyzed Collagen
  Peptides: helps maintain health skin, hair, joints, and bone\*
- L-Carnitine Tartrate: assists the production of Nitric Oxide, aids healthy muscle repair and soreness response, and supports energy productions from stored fat\*
- L-Citrulline Malate 2:1 supports response to soreness and fatigue\*

## **Supplement Facts**

Serving Size 2 Scoops (35 g) Servings Per Container 14

Amount	Per Serving	%DV*
Calories	140	
Total Fat	4.5 g	6%*
Saturated Fat	2.5 g	13%*
Cholesterol	15 mg	5%
Total Carbohydrates	5 g	2%*
Total Sugars	1 g	**
Protein	20 g	12%*
Calcium	40 mg	3%
Magnesium (as Magnesium Oxide and Magnesium Aspartate)	150 mg	36%
Zinc (as Zinc Oxide and Zinc Gluconate)	30 mg	273%
Chromium (as Chromium Nicotinate Glycinate Chelate)	50 mcg	143%
Sodium	135 mg	6%
Nitro Power Blend (as L-Citrulline and L-Citrulline DL-Malate)	1500 mg	**

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet.

**Other Ingredients:** Grass-fed Hydrolyzed Collagen (Bovine) Whey Protein Isolate, Grass-fed Whey Protein Concentrate, Natural Flavors, MCT (Medium Chain Triglycerides), Guar Gum, Silicon Dioxide, Sea Salt, Sunflower Lecithin, Stevia Leaf Extract.

**Allergens:** Contains milk. Manufactured in a facility that also processes milk, egg, soybean, wheat, shellfish, fish oil, tree nut, and peanut ingredients.











<sup>\*\*</sup>Daily Value not established.