

# AMARE HAPPY JUICE PACK®

**Experience Amare's three most popular products in one easy-to-mix drink!**

Amare Happy Juice Pack® helps your psychological function and metabolism. Physical activity, balanced diet and a healthy digestive system may help your immune system, mental clarity, increased energy and better mental wellness.

## START YOUR DAY HAPPY!



**DISCLAIMER:** Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Keep out of reach of young children. Do not exceed the recommended daily dose. Excessive consumption may produce laxative effects. The isomalto-oligosaccharide is a source of glucose. Should not be consumed by children under 12 years of age. For adults only. Amare products do not claim to diagnose, treat, cure, or prevent any disease or medical condition. Statements regarding vitamins and minerals are valid only when these nutrients are present in the supplement in amounts specified by relevant EU regulations. The provided information is based on scientific studies of individual ingredients contained within Amare products. These studies have not directly examined Amare products themselves; thus, no direct relationship should be inferred between these study findings and Amare products. With the Amare Happy Juice Pack®, you will receive all three of our bestselling products: Amare MentaBiotics®, Amare Energy+™, and Amare EDGE+™ (Watermelon or Mango). Each of these products is carefully formulated to help you with a comprehensive approach to mental wellness.

# HOW TO PREPARE

## STEP 1

Add to a glass or shaker;

**1 stick  
Amare Mentabiotics™\***



**1 stick Amare Energy+™**



**1 stick Amare Edge+™**



or



## STEP 2

Mix with 450–600 ml  
of water.

## STEP 3

Enjoy Your Happy Day!  
Drink daily for compounding  
benefits.



# WHICH ONE IS YOUR FAVORITE?

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# AMARE EDGE+™



## What It Is

Amare Edge+ is carefully formulated with Mango Fruit Extract, Lycium barbarum (Goji fruit), Beta Carotene, and Vitamin B5 (Calcium Pantothenate), specifically selected to support normal energy metabolism and overall vitality.

## How It Works

Pantothenic acid (from D-calcium pantothenate) supports your body's natural energy metabolism, contributes to the normal synthesis and metabolism of steroid hormones, vitamin D, and certain neurotransmitters, and helps reduce tiredness and fatigue –making it an essential vitamin for maintaining daily vitality.

**Note:** It is not intended to diagnose, treat, cure, or prevent any disease or health condition.

## Why You'll Love It

Searching for a natural-based dietary supplement to support your active lifestyle? Meet Amare EDGE+! Formulated with carefully selected natural-based ingredients, Amare EDGE+ is designed to support you throughout your daily activities. It contains, pantothenic acid (from D-calcium pantothenate), a form of Vitamin B5, known for its vital role in maintaining normal body functions. Choose Amare EDGE+ to naturally support your daily vitality and well-being.

### Pantothenic acid contributes to:

- 1) Normal energy-yielding metabolism
- 2) Normal synthesis and metabolism of steroid hormones, vitamin D, and certain neurotransmitters
- 3) Reduction of tiredness and fatigue
- 4) Normal mental performance

## Key Features



Plant-based



Gluten Free



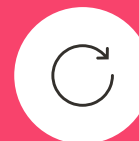
Caffein Free



Flavour  
Watermelon



Servings  
30 Sticks



Daily Dosage  
1 Stick

## How To Use

As a food supplement for adults, mix 1 stick into 250 ml water and drink. Do not exceed the recommended stated daily intake. Food supplements are not a substitute for a varied balanced diet and healthy lifestyle. The product is not suitable for use by children. If you are pregnant, breastfeeding, have a serious medical condition or are taking any prescription medications, please consult with your doctor before use.

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# AMARE EDGE+



## Supplement Facts

Daily Serving Size: 1 Stick Pack (3,9 g)  
Servings per container: 30

	Per daily serving	%NRV*
Pantothenic acid (D-calcium pantothenate)	3mg	50%
Isomaltooligosaccharide	945mg	**
Black chebulic (Terminalia chebula) fruit extract†	216mg	**
Mango (Mangifera indica) fruit extract	100mg	**
Frankincense (Boswellia serrata) gum-resin extract†	54mg	**
Goji (Lycium barbarum) fruit extract	50 mg	**

\*NRV = Nutritional Reference Value

\*\*NRV not established

## Ingredients



**Mango  
Fruit  
Extract**



**Natural  
Watermelon  
Flavor**



**Lycium  
Barbarum  
(Goji fruit)**



**Calcium  
Pantothenate  
(Vitamin B5)**



**Redbeet  
Powder**

Isomalto-oligosaccharide, sweetener: xylitol, flavouring, acidity regulator: malic acid, sweetener: steviol glycosides from Stevia, colour: Beetroot Red, acidity regulator: citric acid, black chebulic (Terminalia chebula) fruit extract†, mango (Mangifera indica) fruit extract, anti-caking agent: silicon dioxide, frankincense (Boswellia serrata) gum-resin extract†, goji (Lycium barbarum) fruit extract, flavouring, colour: beta-carotene, pantothenic acid (D-pantothenate, calcium).

## Key Benefits



### Metabolism

Pantothenic acid contributes to normal energy-yielding metabolism.



### Nervous System

Pantothenic acid contributes to the reduction of tiredness and fatigue.  
Pantothenic acid contributes to normal synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters



### Brain Function

Pantothenic acid contributes to normal mental performance.

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# AMARE EDGE+™



## What It Is

Amare Edge+ is carefully formulated with Mango Fruit Extract, Lycium barbarum (Goji fruit), and with Natural Caffeine specifically selected to improve concentration and increase alertness.

## How It Works

Caffeine from Coffea arabica helps to improve concentration and increase alertness.

## Why You'll Love It

Searching for a natural-based dietary supplement to support your active lifestyle? Meet Amare EDGE+!

Formulated with carefully selected natural-based ingredients, Amare EDGE+ is designed to support you throughout your daily activities. Choose Amare EDGE+ to naturally support your daily vitality and well-being.

## Key Features



Plant-based



Caffeinated



Flavour  
Mango



Servings  
30 Sticks



Daily Dosage  
1 Stick

## How To Use

As a food supplement for adults, mix 1 stick into 250 ml water and drink.

Contains Caffeine (75mg/3,1g). Not recommended for children or pregnant or breast-feeding women or individuals sensitive to caffeine and by children under 18 years old. It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources (200 mg for pregnant or breast-feeding women). Consult your doctor or pharmacist if you are taking anticoagulants at the same time. The advice of a physician should be sought in case of liver or biliary disorders or concomitant use of medications. Not recommended for people taking anticoagulants, anticancer medications, immunosuppressants and suffering from biliary tract diseases. Not recommended in cases of biliary obstruction or other biliary function disorders. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Keep out of reach of young children. Do not exceed the recommended daily dose. Excessive consumption may produce laxative effects. The isomalto-oligosaccharide is a source of glucose. Should not be consumed by children under 10 years of age. For adults only.

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# AMARE EDGE+



## Supplement Facts

Daily Serving Size: 1 Stick Pack (3,1 g)  
Servings per container: 30

	Per daily serving	%NRV*
Isomaltooligosaccharide	173mg	**
Black chebulic ( <i>Terminalia chebula</i> ) fruit extract†	216mg	**
Mango ( <i>Mangifera indica</i> ) fruit extract	100mg	**
Frankincense ( <i>Boswellia serrata</i> ) gum-resin extract†	54mg	**
Caffeine (from <i>Coffea arabica</i> )	75mg	**
Goji ( <i>Lycium barbarum</i> ) fruit extract	50 mg	**

NRV = Nutritional Reference Value  
\*\*NRV not established

## Ingredients



**Mango  
Fruit  
Extract**



**Lycium  
Barbarum  
(Goji fruit)**



**Black  
Chebulic  
Fruit Extract**



**Coffea  
Arabica  
(Caffeine)**

Sweetener: xylitol, flavouring, acidity regulator: citric acid, black chebulic (*Terminalia chebula*) fruit extract, acidity regulator: malic acid, colouring food: turmeric (*Curcuma longa*) rhizome powder, isomalto-oligosaccharide, mango (*Mangifera indica*) fruit extract, sweetener: steviol glycosides from Stevia, caffeine (from *Coffea arabica* beans extract), anti-caking agent: silicon dioxide, safflower seed oil (*Carthamus tinctorius*), frankincense (*Boswellia serrata*) gum-resin extract, goji (*Lycium barbarum*) fruit extract, colour: beetroot Red.

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# MENTABIOTICS

## What It Is

Mentabiotics™\* is a multi-component formula that combines oligosaccharides, bacterial strains, amino acids, magnesium, and botanical ingredients in a carefully balanced daily supplement. The formulation includes isomalto- and galacto-oligosaccharides, three bacterial strains, L-glutamine, and plant-derived extracts such as green tea, grape seed, maritime pine bark, ginger, and apple fruit.

These components reflect growing scientific interest in the diverse nutrients, fibres, bacterial strains, and phyto-compounds found in food supplements. Each ingredient group contributes its own characteristics to the overall profile of the product.

Magnesium contributes to normal psychological function, normal energy-yielding metabolism, and to the reduction of tiredness and fatigue, providing recognised physiological benefits when consumed at the recommended daily dose.

## Why You'll Love It

- Contains clinically researched probiotic bacterial strains and natural plant extracts
- Helps reduce tiredness and supports normal energy metabolism (magnesium)
- Naturally sweetened with Stevia, free from artificial colorants or preservatives
- Suitable for daily use as part of a balanced lifestyle
- Magnesium contributes to normal psychological function, to the reduction of tiredness and fatigue, and to normal energy-yielding metabolism.

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EU-ENG Amare Mentabiotics - amare.com



## Key Features



Vegetarian



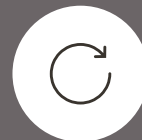
Gluten Free



Soy



Servings  
30 Sticks



Daily Dosage  
1 Stick

\*Contains Soy. Not suitable for individuals with soy allergy.

## How To Use

**Recommended daily dose and directions of use:**

Mix 1 stick in 250 ml of water. Take once per day.

Do not exceed the recommended daily dose.

**WARNINGS:** Food supplements should not be used as a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of young children. The isomalto-oligosaccharide is a source of glucose. Consult your doctor or pharmacist when using anticoagulants. The product contains 1 mg (-)-epigallocatechin-3-gallate (EGCG) per daily dose. It is not recommended to consume a daily amount of **800 mg of EGCG or more. Should not be consumed by pregnant or lactating women and children below 18 years old. Should not be consumed if you are already consuming other products containing green tea on the same day. Should not be consumed on an empty stomach.**



# MENTABIOTICS

## The SCIENCE of Amare Mentabiotics

Mentabiotics™\* is a food supplement containing 3 bacterial strains, dietary fibre, botanical ingredients, and magnesium. Magnesium contributes to normal psychological function and to the reduction of tiredness and fatigue. Mentabiotics™\* is a food supplement that combines oligosaccharides, bacterial strains, magnesium, L-glutamine, and botanical ingredients in a carefully balanced daily formula. Each serving provides isomalto- and galacto-oligosaccharides, three bacterial strains, and a blend of plant extracts including green tea, grape seed, maritime pine bark, ginger, and apple fruit. Magnesium contributes to normal psychological function, normal energy-yielding metabolism, and to the reduction of tiredness and fatigue. These recognised physiological functions make Mentabiotics™\* a supportive addition to your daily routine. Mentabiotics™\* can be enjoyed as part of a balanced lifestyle.



Nutritional Information  
Daily dose: 1 stick  
Daily doses per container: 30

	Per daily dose	% NRV*
Isomalto-oligosaccharide	2752.349 mg	-
Galacto-oligosaccharide from lactose	1800 mg	-
Partially hydrolyzed guar gum (Cyamopsis tetragonoloba (L.) Taub.)	1200 mg	-
Cerebiome bacterial blend	32.609 mg (1 billion CFU)	-
- Lactobacillus helveticus R0052	26.41 mg	-
- Lactocaseibacillus rhamnosus R0011	3.26 mg	-
- Bifidobacterium longum R0175	2.93 mg	-
Green tea leaf extract (Camellia sinensis)	230 mg	-
L-glutamine	100 mg	-
Magnesium	56.25 mg	15 %
Apple fruit extract (Malus domestica)	25 mg	-
Ginger rhizome extract (Zingiber officinale)	20 mg	-
Maritime pine bark extract (Pinus pinaster)	10 mg	-
Grape seed extract (Vitis vinifera)	15 mg	-

\* NRV = Nutrient reference values

## Ingredients



**Green Tea Leaf Extract**



**Ginger Rhizome Extract**



**Magnesium Oxide**



**Maritime Pine Bark Extract**



**Stevia**



**Grape Seed Extract**



**Apple Fruit Extract**

Isomalto-oligosaccharide, galacto-oligosaccharide from lactose (milk), partially hydrolyzed guar gum (Cyamopsis tetragonoloba (L.) Taub.), green tea leaf extract (Camellia sinensis), L-glutamine, flavouring, magnesium oxide, Cerebiome bacterial blend (Lactobacillus helveticus R0052, Lactocaseibacillus rhamnosus R0011, Bifidobacterium longum R0175) **(soy)**, acidity regulator: citric acid, sweetener: steviol glycosides from Stevia, apple fruit extract (Malus domestica) ginger rhizome extract (Zingiber officinale), maritime pine bark extract (Pinus pinaster), grape seed extract (Vitis vinifera)

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# MENTABIOTICS

## How It Works - Key Benefits



### Metabolism

- Magnesium contributes to normal energy-yielding metabolism helping
- maintain daily vitality.
- Magnesium contributes to the reduction of tiredness and fatigue, making it ideal
- for busy lifestyles.
- Magnesium contributes to electrolyte balance



### Brain Function

- Magnesium contributes to normal psychological function supporting everyday mental performance



### Nervous System

- Magnesium contributes to normal functioning of the nervous system



### And More

- Multi-component formula combining fibres, live cultures, amino acids, magnesium, and plant ingredients
- Includes isomalto- and galacto-oligosaccharides to diversify the fibre profile
- Features botanical extracts such as green tea, grape seed, maritime pine bark, ginger, and apple fruit
- Contains L-glutamine, a widely used amino acid
- Designed for easy daily use as part of a balanced lifestyle

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# ENERGY+™

## What It Is

Amare ENERGY+™ Dragon Fruit is a food supplement that combines vitamin C, inulin, L-glycine and carefully selected plant extracts, presented in convenient, ready-to-mix sachets with a light dragon fruit flavour.

Sweetened with steviol glycosides from stevia, it contains no added sugars and offers a clean, fruity taste.

## Why You'll Love It

Experience a refreshing way to support your daily vitality with Amare ENERGY+™ Dragon Fruit – a delicious, sweetened supplement designed to fit modern wellness routines.

Each sachet delivers vitamin C which contributes to normal energy-yielding metabolism, the normal function of the immune system, and to the protection of cells from oxidative stress.

Each sachet also contains inulin, a plant-based fibre, and glycine, an amino acid.

Enriched with botanical extracts from apple, grape seed, maritime pine bark and pomegranate – all naturally containing polyphenols.

## How It Works

Vitamin C contributes to:

- normal energy-yielding metabolism
- the normal function of the immune system
- the protection of cells from oxidative stress
- the reduction of tiredness and fatigue

Inulin is a non-digestible dietary fibre.

L-Glycine an amino acid.

Apple, grape seed, maritime pine bark and pomegranate extracts are naturally rich in plant-derived polyphenols, together with dragon fruit flavour.

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## Key Features



Vegan



Gluten Free



Lactose Free



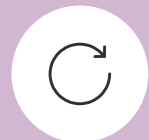
Plant Based



Flavour  
Dragonfruit



Servings  
30 Sticks



Daily Dosage  
1 Stick

## How To Use

Mix 1 sachet in 250 ml of water. Take once per day. Do not exceed the recommended daily dose. Store in a cool, dry place, away from light.

**CAUTION:** Do not exceed the recommended stated daily intake. Food supplements are not a substitute for a varied balanced diet and healthy lifestyle. The product is not suitable for use by children. If you are pregnant, breastfeeding, have a serious medical condition or are taking any prescription medications, please consult with your doctor before use.



# ENERGY+™

## The SCIENCE of ENERGY+™

Amare ENERGY+™ Dragon Fruit is a naturally inspired food supplement designed to support your daily vitality. Formulated with inulin, a non-digestible fibre and L-glycine, an amino acid. It also contains vitamin C, which contributes to normal energy-yielding metabolism, the normal function of the immune system to the protection of cells from oxidative stress.

Enriched with botanical extracts from apple, grape seed, maritime pine bark and pomegranate, the formula provides plant-derived polyphenols. These ingredients are complemented by the refreshing dragon fruit flavour, sweetened with steviol glycosides from stevia, and free from added sugar.

Crafted to fit modern wellness lifestyles, this supplement supports a balanced daily routine focused on vitality and well-being.



### Nutritional Information

Daily dose: 1 sachet (5.75 g)  
Daily doses per container: 30

	Per daily dose	% NRV*
Inulin	2992.74 mg	-
L-glycine	1000 mg	-
Raspberry fruit extract (Rubus idaeus)	100 mg	-
Vitamin C	60 mg	75%
Maritime pine bark extract (Pinus pinaster)	16.96 mg	-
Grape seed extract (Vitis vinifera)	11 mg	-
Apple fruit extract (Malus domestica)	10 mg	-
Pomegranate fruit extract (Punica granatum)	2.5 mg	-

\* NRV = Nutrient reference values

## Ingredients



**Natural Dragon Fruit Flavor**



**Maritime Pine Bark Extract**



**Pomegranate Fruit Extract**



**Grape Seed Extract**



**Raspberry Extract**



**Stevia**



**Apple Fruit Extract**



**Vitamin C**

Inulin, L-glycine, natural dragon fruit flavor, acidity regulator: citric acid, raspberry extract (*Rubus idaeus*), sweetener: steviol glycosides from Stevia, vitamin C (L-ascorbic acid), maritime pine bark extract (*Pinus pinaster*), grape seed extract (*Vitis vinifera*), apple fruit extract (*Malus domestica*), pomegranate fruit extract (*Punica granatum*).

## Key Benefits



### Metabolism

- Vitamin C contributes to normal energy-yielding metabolism.



### Immune System

- Vitamin C contributes to the normal function of the immune system.



### Nervous System

- Vitamin C contributes the protection of cells from oxidative stress.
- Vitamin C contributes the protection the reduction of tiredness and fatigue.

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