



ON SHOTS™

What It Is

Amare ON Shots is a food supplement, combining vitamins, plant extracts, amino acids and natural fruit flavours. It provides selected vitamins that contribute to normal energy yielding metabolism and normal psychological function, while offering a refreshing and enjoyable daily ritual.*

Amare ON Shots™ is a food supplement formulated with a combination of vitamins, amino acids and botanical ingredients for daily use.

Each daily dose provides B vitamins (B1, B2, B3, B6 and B12), which contribute to normal energy yielding metabolism. Niacin and vitamin B6 contribute to the reduction of tiredness and fatigue.

The formulation contains choline, inositol and amino acids such as taurine and L citrulline, as well as botanical ingredients including green tea, guarana, galangal and blueberry.

With real fruit juice powder and natural flavours, Amare ON Shots™ offers a clean, refreshing taste. Free from artificial colours, gluten and GMOs, it is suitable for everyday consumption as part of a balanced diet and healthy lifestyle.

Why You'll Love It

- Contributes to normal energy-yielding metabolism with vitamins B1, B2, B3 and B6.*
- Niacin and vitamin B6 contribute to the reduction of tiredness and fatigue.*
- Vitamin B1, B6 and B12 contribute to normal psychological function.*
- Contains natural caffeine from guarana.
- Includes choline, inositol and amino acids such as taurine and L-citrulline.
- Features botanical ingredients including green tea, alpinia galangal and blueberry.
- No artificial colours, no GMOs, no artificial preservatives.
- Naturally flavoured with fruit juices and natural grapefruit & raspberry flavours.

***DISCLAIMER:** Amare products are not intended to diagnose, treat, cure, or prevent any disease or medical condition. Please store your Amare products out of reach of young children. For adults only. The stated health claims are valid provided that the vitamins and minerals contained in the food supplement are present in amounts as defined by applicable regulations. The information provided here is derived from scientific studies carried out on specific ingredients found in Amare products. These studies have not been performed directly on Amare products themselves. Thus, the findings of these studies should not be interpreted as direct evidence of the effects or benefits of Amare products.

EU-ENG Amare Mentabiotics - amare.com



Key Features



Plant Based



Gluten Free



Lactose Free



Vegan & Vegetarian



Soy Free



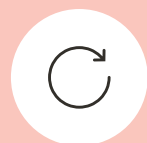
Tree Nuts or Peanuts Free



Flavor
Raspberry
Grapefruit



Servings
7 Sachets



Daily Dosage
1 Pouch



ON SHOTS™

How It Works

B Vitamins (B1, B2, B3, B6, B12)

Contribute to normal energy yielding metabolism and contribute to the normal functioning of the nervous system.*

Niacin and vitamin B6 contribute to the reduction of tiredness and fatigue.*

Choline & Inositol

Choline contributes to normal lipid metabolism and normal homocysteine metabolism.*

The product also contains inositol.

Botanical Extracts

- Guarana (natural source of caffeine).
- Green tea extract providing natural polyphenols.
- Alpinia galangal used in botanical preparations.
- Blueberry powder providing natural fruit polyphenols.

Amino Acids (L Citrulline & Taurine)

Included as part of the product's formulation.

Natural Taste System

Real fruit juice powder (Vaccinium corymbosum), natural raspberry and grapefruit flavours, cane juice syrup, erythritol and stevia provide a balanced and refreshing flavour profile.

How To Use

Take one pouch per day.

There are 7 sachets in one box.

Do not exceed the recommended daily dose.

For adults.

Contains caffeine (80 mg caffeine per daily dose).

Not recommended for children or pregnant women.

WARNINGS: Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of young children. The product contains 0.7 mg -epigallocatechin-3 gallate (EGCG) per serving. It is not recommended to consume a daily amount of 800 mg of EGCG or more. Should not be consumed by pregnant or lactating women and children below 18 years old. Should not be consumed if you are consuming other products containing green tea on the same day. Should not be consumed on an empty stomach.

ALLERGEN STATEMENT:

This product does not intentionally contain common allergens as defined by EU Regulation (EU) No 1169/2011. Produced in facilities that follow strict hygiene and quality protocols.

STORAGE CONDITIONS:

Store in a cool, dry place.

Do not use if the seal is broken.

Key Benefits



Metabolism

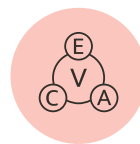
- B Vitamins (B1, B2, B3, B6, B12)
Contribute to normal energy yielding metabolism.
- Choline contributes to normal lipid metabolism and normal homocysteine metabolism.



Nervous System

- B Vitamins (B1, B2, B3, B6, B12)
Contribute to the normal functioning of the nervous system.
- Niacin and vitamin B6 contribute to the reduction of tiredness and fatigue.

Vitamins



Vitamin B1

Vitamin B2

Vitamin B3 (Niacin)

Vitamin B6

Vitamin B12

***DISCLAIMER:** Amare products are not intended to diagnose, treat, cure, or prevent any disease or medical condition. Please store your Amare products out of reach of young children. For adults only. The stated health claims are valid provided that the vitamins and minerals contained in the food supplement are present in amounts as defined by applicable regulations. The information provided here is derived from scientific studies carried out on specific ingredients found in Amare products. These studies have not been performed directly on Amare products themselves. Thus, the findings of these studies should not be interpreted as direct evidence of the effects or benefits of Amare products.

EU-ENG Amare Mentabiotics - amare.com



ON SHOTS™

The SCIENCE of ON Shots™

Amare ON Shots is a food supplement, combining vitamins, plant extracts, amino acids and natural fruit flavours. It provides selected vitamins that contribute to normal energy yielding metabolism and normal psychological function, while offering a refreshing and enjoyable daily ritual.*



Nutritional Information

Daily dose: 1 pouch (30 ml)
Daily doses per container: 7

	Per daily dose	%NRV*
Guarana seed extract (Paullinia cupana Kunth)	395.3 mg	-
Inositol	360 mg	-
Taurine	240 mg	-
Choline	82.5 mg	-
Citrulline	105 mg	-
Green tea leaf extract (Camellia sinensis (L.) Kuntze)	164.7 mg	-
Greater galangal rhizome extract (Alpinia galanga (L.) Willd)	105.4 mg	-
Highbush blueberry fruit juice powder (Vaccinium corymbosum L.)	67.5 mg	-
Niacin	16 mg	100%
Vitamin B6	1.4 mg	100%
Vitamin B1	1.1 mg	100%
Vitamin B2	1.4 mg	100%
Vitamin B12	3 mcg	120%

*NRV = Nutrient Reference Values

Ingredients



Guarana Seed Extract



Green Tea Leaf Extract



Galangal



Blueberry Fruit Juice Powder



Cane Juice Syrup



Stevia



Raspberry



Grapefruit

Water, cane juice syrup (Saccharum officinarum L), sweetener: erythritol, guarana seed extract (Paullinia cupana Kunth), inositol, taurine, choline bitartrate, green tea leaf extract (Camellia sinensis (L.) Kuntze), acidity regulator: citric acid, acidity regulator: malic acid, flavouring, L-citrulline, greater galangal rhizome extract (Alpinia galanga (L.) Willd), highbush blueberry fruit juice powder (Vaccinium corymbosum L.), flavouring, thickener: xanthan gum, preservative: potassium sorbate, niacin (nicotinamide), sweetener: steviol glycosides from Stevia, vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), vitamin B12 (methylcobalamin). Flavor: Raspberry and Grapefruit.

***DISCLAIMER:** Amare products are not intended to diagnose, treat, cure, or prevent any disease or medical condition. Please store your Amare products out of reach of young children. For adults only. The stated health claims are valid provided that the vitamins and minerals contained in the food supplement are present in amounts as defined by applicable regulations. The information provided here is derived from scientific studies carried out on specific ingredients found in Amare products. These studies have not been performed directly on Amare products themselves. Thus, the findings of these studies should not be interpreted as direct evidence of the effects or benefits of Amare products.

EU-ENG Amare Mentabiotics - amare.com