

menta BIOTICS™

advanced gut-brain
nutrition*

AMARE'S
FLAGSHIP
PRODUCT

SUPPORTS
FEEL-GOOD
NEUROTRANS-
MITTERS*

INCREASES
GOOD
BACTERIA*

Mental wellness has been misunderstood for a long time. New science shows that our levels of happiness v. sadness, optimism v. pessimism and togetherness v. loneliness, are not just all in our head. In fact, a key contributor to mental wellness is determined by what is going on in our second brain —our gut. This science is the foundation for **MentaBiotics™ Sugar Free**.*

MentaBiotics Sugar Free is the most comprehensive combination of unique strains of probiotics (good bacteria), prebiotics (encourages growth of good bacteria) and phytobiotics (protects good bacteria) in a premium all-natural dietary supplement that have been scientifically proven to optimize mental wellness. It features Amare's MW3™ Proprietary Blends, which contain probiotics and prebiotics. The MW3 Proprietary Blends contain three specific prebiotic fibers that feed our three unique mental wellness probiotic strains. And now with the addition of IsoFiber™, a naturally sweet prebiotic, this updated formula doesn't need cane sugar for added sweetness.*

MentaBiotics Sugar Free supports the growth and vitality of a range of friendly gut bacteria to increase the production of "feel-good" neurotransmitters, such as dopamine and serotonin. In fact, 90% of our serotonin, the primary neurotransmitter responsible for our happiness and mood, is produced and located in the gut. This unique formula directly contributes to your mental wellness via the gut-brain axis.*

The MW3 Prebiotic Proprietary Blend in this product strategically nourishes a range of beneficial gut bacteria, particularly Lactobacillus and Bifidobacterium species featured in MentaBiotics™ (IsoFiber™, Bimuno® GOS and SunFiber™).*

Increase your good bacteria and help your body support your feel-good neurotransmitters with **MentaBiotics Sugar Free** today!*



SUGAR FREE

Featuring Amare's MW3™ Proprietary Blends, MentaBiotics™ is the most comprehensive combination of unique strains of probiotics, prebiotics and phytobiotics that have been scientifically shown to improve mental wellness.*

- 1 Improves multiple aspects of mental wellness by populating the microbiome with specific strains of probiotics and prebiotics*
- 2 Supports the growth and vitality of a range of beneficial gut bacteria*
- 3 Reduces stress and promotes a positive mood*
- 4 Helps normalize gut, immune, and brain function*
- 5 Features ingredients shown to improve mood and reduce tension in human clinical trials)*

| | |
|-------------------|-----------------|
| Item Code: | S001-02 |
| Retail Price: | \$100.00 |
| Wholesale Price: | \$74.95 / 65 PV |
| Subscribe & Save: | \$66.95 / 58 PV |

WHAT IS THIS LABEL PATTERN?

MENTABIOTICS

Specific strains of healthy bacteria (probiotics) and specialized fibers (prebiotics) that play an important role in your overall mental and physical well-being.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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SCIENCE & INFORMATION

mentaBIOTICS™

Key ingredients in MentaBiotics Sugar Free have been clinically shown to:



70% Increase in "good" bacteria**



Increases short-term and long-term memory by increasing visual and verbal recall by **28%****



Balances normal signaling between cells of the gut, brain, and immune system**

†BASED ON KEY INGREDIENTS CLINICAL STUDIES

KEY STUDIES

Messaoudi M, Lalonde R, Violle N, Javelot H, Desor D, Nejdi A, Bisson JF, Rougeot C, Pichelin M, Cazaubiel M, Cazaubiel JM. Assessment of psychotropic-like properties of a probiotic formulation (Lactobacillus helveticus R0052 and Bifidobacterium longum R0175) in rats and human subjects. *Br J Nutr.* 2011 Mar;105(5):755-64.

Vulevic J, Drakoularakou A, Yaqoob P, Tzortzis G, Gibson GR. Modulation of the fecal microflora profile and immune function by a novel trans-galactooligosaccharide mixture (B-GOS) in healthy elderly volunteers. *Am J Clin Nutr.* 2008;88:1438-46.

Vulevic J, Juric A, Walton GE, Claus SP, Tzortzis G, Toward RE, Gibson GR. Influence of galacto-oligosaccharides mixture (B-GOS) on gut microbiota, immune parameters and metabonomics in elderly subjects. *Brit J Nutr.* 2015;114:586-95.

Schmidt K, Cowen PJ, Harmer CJ, Tzortzis G, Errington S, Burnet PWJ. Probiotic intake reduces the waking cortisol response and alters emotional bias in healthy volunteers *Psychopharmacology* 2015;232:1793-1801.

Directions: Mix one scoop in the morning with 2-8 oz. of water, milk, fruit juice, smoothie, yogurt, or other foods or liquids. Do not expose to boiling or scalding temperatures.

| SUPPLEMENT FACTS | | | |
|--|--------------------|----------------------------|--|
| Serving Size: 1 Scoop (7g) | | Servings Per Container: 30 | |
| | Amount Per Serving | %DV* | |
| Calories | 15 | | |
| Total Carbohydrate | 5g | 2% | |
| Total Sugars | 0g | | |
| Total Fiber | 5g | | |
| MW3™ Probiotic Proprietary Blend | 5380mg | † | Phytobiotic Proprietary Blend 75mg † |
| IsoFiber™ Iso-Malto-Oligosaccharides, BiMuno® GOS Galacto-Oligo-Saccharides, SunFiber® Galactomannan Fiber | | | Suntheanine® L-Theanine, Amare GBX+ Proprietary Blend: Applephenon® Asian Apple (<i>Malus domestica</i>) fruit extract, Enovita® French Grape (<i>Vitis vinifera</i>) seed extract, Enzogenol® New Zealand Pine (<i>Pinus radiata</i>) bark extract |
| MW3™ Probiotic Proprietary Blend 3B CFU | † | | Digestive Performance Proprietary Blend 160mg † |
| <i>Lactobacillus helveticus</i> R0052, <i>Bifidobacterium longum</i> R0175, <i>Lactobacillus rhamnosus</i> R0011 | | | L-Glutamine, ProDigest® [Artichoke (<i>Cynara scolymus</i>) leaf extract and Ginger (<i>Zingiber officinale</i>) root extract] |

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily needs may be higher or lower depending on your calorie needs.

† Daily Value not established.

Other Ingredients: natural flavors, citric acid, malic acid, stevia leaf extract. **CONTAINS Milk and Soy.**
*Milk and Soy ingredients are used in the growth/culture media to nourish our probiotic bacteria during the production process, but the finished probiotics do not contain appreciable levels of Milk or Soy.

MentaBiotics™ Sugar Free provides gut support through our **MW3™ Probiotic Proprietary Blend**, which is specifically formulated to feed the bacteria in our **MW3™ Probiotic Proprietary Blend**.*

MW3 Probiotic Proprietary Blend

Our blend contains unique and specific probiotic strains targeted to enhance overall mental wellness.*

MW3 Probiotic Strains:

Lactobacillus rhamnosus R0011: Reduces stress by lowering cortisol exposure and improves GABA neurotransmission*

Bifidobacterium longum R0175: Enhances calmness by decreasing anxiety indices and improves cognitive function*

Lactobacillus helveticus R0052: Improves mood by decreasing neuro-inflammation and increasing serotonin*



MW3 Probiotic Proprietary Blend

Our MW3 Probiotic Proprietary Blend provides optimal gut support by feeding the specific mental wellness probiotic strains found in our MW3 Probiotic Proprietary Blend.*



MW3 Probiotic Fibers:

IsoFiber™ (Iso-Malto-Oligosaccharides) — Contains a combination of naturally occurring prebiotic plant fibers that are clinically shown to improve the growth of specific probiotic strains featured in Kids FundaMentals™ and now MentaBiotics™ Sugar Free!

BiMuno® (Galacto-Oligo-Saccharides) — Resets and increases friendly gut bacteria, maintains immune health, controls inflammation in the body and supports your microbiome balance. Is highly effective and a natural way of increasing preferred bacteria in your gut. Plays an important role in feeding Bifidobacteria probiotic strains*

SunFiber® (Galactomannan Fiber) — Helps improve the growth and vitality of beneficial bacteria, including Bifidobacteria and Lactobacillus.*

Which prebiotics match up with our mental wellness probiotics?

MW3™ Probiotic Proprietary Blend

MW3™ Probiotic Proprietary Blend

IsoFiber™

Iso-Malto-Oligosaccharides

Lactobacillus helveticus R0052

BiMuno®

Galacto-Oligo-Saccharides

Bifidobacterium longum R0175

SunFiber®

Galactomannan Fiber

Lactobacillus rhamnosus R0011



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