

AMARE TRIANGLE OF HEALTH PACK FREQUENTLY ASKED QUESTIONS

1. What is in the Amare Triangle of Health Pack?

The Amare Triangle of Health Pack features Amare Sunrise™, Amare Sunset™, and your choice of Amare Nitro Xtreme™ or Amare Nitro FX®. Together, these products work synergistically to provide unmatched, around-the-clock nutrition for optimal health.*

2. How and when should I take the Amare Triangle of Health Pack?

The Amare Triangle of Health Pack is designed to provide nutritional support in the morning, throughout your day, and into the evening. Below are the suggested optimal times of day to take each product.

Morning: Begin by taking Amare Nitro FX or Amare Nitro Xtreme in the morning, followed by Amare Sunrise.

Noon: Four to five hours later, your next serving of Amare Nitro FX or Amare Nitro Xtreme delivers another energy and absorption boost.*

Evening: Finally, before bedtime take Amare Nitro FX or Amare Nitro Xtreme once more, followed by Amare Sunset.

3. What has changed about the Amare Triangle of Health packaging?

The packaging for the Amare Triangle of Health Pack and the products included are being transitioned to reflect the look of our current Amare packaging.

4. Is it vegan?

Amare Sunrise, Amare Nitro Xtreme, and Amare Nitro FX are all vegan, but Amare Sunset is not. Amare Sunset features Omega-3s in our Fish Oil Blend (Wild Alaskan Fish and Wild Alaskan Sockeye Salmon).

5. Is it gluten free?

Yes. All products in the Amare Triangle of Health Pack are gluten free.

6. Is the Amare Triangle of Health Pack sugar free?

No. Amare Sunset, Amare Nitro Xtreme, and Amare Nitro FX are sugar free, but Amare Sunrise is not. Amare Sunrise has no added sugar but contains natural sugars from fruit juices.

7. Can I take the Amare Triangle of Health Pack while pregnant?

As with all supplements, consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

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8. Can children take the Amare Triangle of Health Pack?

Our Amare product line was designed for adults. For products that can be used by children (under the age of 18), please consider our Amare Kids® line.

9. Can I take the Amare Triangle of Health Pack while on prescription medications?

As with all supplements, we recommend checking with your doctor or healthcare professional if you are taking any prescription medication or have a medical condition.

10. How do the three formulas work together?

The Amare Triangle of Health is our best-selling trio to provide synergistic nutrient delivery. Together, these three products deliver antioxidants to fight oxidative stress, support cognitive function to help the body better manage stress, provide the most potent form of Vitamin E with tocotrienols, and support Nitric Oxide production in the body.*

Amare Sunrise unites the nutritional power of 22 antioxidant superfoods, including wild blueberries selected for the unique vitamins and minerals they provide. The result is a delicious, nutritious blend of 10 essential water-soluble vitamins and 60+ minerals in a daily single serving to support balanced living.*

The key to realizing the full value of the Amare Triangle of Health are the **Amare Nitro** formulas. Amare Nitro FX and Amare Nitro Xtreme contain extracts from the Noni Fruit, which supports the body's production of Nitric Oxide—one of the most important signaling molecules in the body. Nitric Oxide promotes healthy circulation and supports the absorption of nutrients from Amare Sunrise and Amare Sunset, as well as the healthy foods in our diet.*

Amare Sunset is a proprietary combination of lipid-soluble nutrients that we lack most in our diets—Vitamin E tocotrienols, Omega-3 fatty acids, astaxanthin, Vitamin A, and Vitamin D3. These nutrients assist with a variety of essential health systems, including supporting cardiovascular health and cognitive function.*