

Amare Spark Dragon Fruit Frequently Asked Questions

1. How and when should I take Amare Spark Dragon Fruit?

Adults may mix one stick pack into 8 to 16 oz. of cold or hot water until completely dissolved. Take 2 hours before or after taking other medications or natural health products. Consult a health care practitioner for use beyond 3 months.

2. Is it vegan?

Yes.

3. Is it gluten free?

Yes.

4. Is it sugar free?

Yes, it is sugar free! Amare Spark Dragon Fruit is sweetened with Monk Fruit. It is also known as Lo Han Guo or Swingle fruit and is derived from China.

5. Can I take Amare Spark Dragon Fruit if I'm pregnant or breastfeeding?

Consult a health care practitioner prior to use if you are pregnant or breastfeeding.

6. Can I share Amare Spark Dragon Fruit with my children?

No, Amare Spark Dragon Fruit is not approved for use in children.

7. Can I take Amare Spark Dragon Fruit while I am on prescription medication?

Consult a health care practitioner prior to use if taking prescription medication.

8. What benefits can I expect to experience when using Amare Spark Dragon Fruit?

Amare Spark Dragon Fruit provides antioxidants, supports and maintains a healthy digestive system, and provides fibre for the maintenance of good health.