

Energy+ Pomegranate Lime Frequently Asked Questions

1. How and when should I take Energy+ Pomegranate Lime?

(Adults): Thoroughly mix one stick pack into 8 to 16 oz of cold or hot water. Additional stick packs may be consumed as needed (up to 3 per day). Wait 3 to 4 hours between each dose. For occasional use only.

2. Is it Vegan?

Yes.

3. Is it Gluten Free?

Yes.

4. Is it Sugar Free?

No, Energy+ Pomegranate Lime is sweetened with stevia and cane sugar and contains 5g of sugar.

5. Can I take Energy+ Pomegranate Lime if I'm pregnant or breastfeeding?

Consult a health care practitioner prior to use if you are pregnant, breastfeeding or trying to become pregnant/to conceive.

6. Can I share Energy+ Pomegranate Lime with my children?

No, Energy+ Pomegranate Lime is not approved for use in children.

7. Can I take Energy+ Pomegranate Lime while I am on prescription medication?

Avoid taking with health products or foods that contain caffeine and/or increase blood pressure (e.g. medications, coffee, tea, colas, cocoa, guarana, mate, bitter orange extract, synephrine, ocotopamine, ephedra, ephedrine). Consult a health care practitioner prior to use.

8. What is the main difference between Energy+ Pomegranate Lime and Amare Spark Dragon Fruit?

Energy + Pomegranate Lime helps promote alertness and wakefulness, and helps enhance cognitive performance. Amare Spark Dragon Fruit provides a source of antioxidants that helps protect cells against the oxidative damage caused by free radicals and provides a source of fibre for the maintenance of good health.

9. What can I expect when using Energy+ Pomegranate Lime?

Enhanced cognitive performance without the jitters or crash you might get from high-stimulant or high-sugar energy drinks. Energy+ Pomegranate Lime is a safe and effective way to help temporarily relieve fatigue and promote alertness and wakefulness.