

## GBX Flow Frequently Asked Questions

**1. How and when should I take GBX Flow?**

Adults may take one capsule in the morning with one cup (8 oz.) of water. Consult a health care practitioner for use beyond 3 months.

**2. Is it vegan?**

Yes.

**3. Is it gluten free?**

Yes.

**4. Can I take GBX Flow if I'm pregnant or breastfeeding?**

Consult a health care practitioner prior to use if you are pregnant or breastfeeding.

**5. Can children take GBX Flow?**

No. GBX Flow is not approved for use in children.

**6. Can I take GBX Flow while I am on prescription medication?**

Consult a health care practitioner prior to use if you are taking any heart or blood pressure medication, or if you have a heart condition or diabetes.

**7. What benefits can I expect to experience when taking GBX Flow?**

GBX Flow is a source of antioxidants that help fight against cell damage caused by free radicals.