

GBX FT Frequently Asked Questions

1. How and when should I take GBX FT?

For adults aged 18 years and over, take 1 GBX FT capsule daily. Take at least 2-3 hours before or after antibiotics.

2. Is it vegan?

Yes.

3. Is it gluten free?

Yes.

4. Can I take GBX FT if I'm pregnant or breastfeeding?

Please consult your health care practitioner prior to use if pregnant or breastfeeding.

5. Can children take GBX FT?

No, GBX FT is not approved for use in children.

6. Can I take GBX FT while I am on prescription medication?

Please consult a health care practitioner prior to use if taking prescription medication.

7. What benefits can I expect to experience when taking GBX FT?

GBX FT is a source of probiotics that promote favourable gut flora and help to support gastrointestinal health. Plus, GBX FT provides antioxidants that help to protect cells against and reduce the oxidative damage caused by free radicals.