

Amare Ignite for HER Frequently Asked Questions

1. How and when should I use Ignite for HER?

Adult women aged 18 years and older may take 2 capsules per day.

2. What adaptogens are found in Ignite for HER?

Ignite for HER is formulated with clinically validated adaptogens, herbs, and phytonutrients to provide antioxidants. These include Shatavari, Wild Green Oat, Fenugreek, Beet Root, and Lemon Balm.

3. Is it vegan?

Yes.

4. Is it gluten free?

Yes.

5. Is it sugar free?

Yes.

6. Is it dairy free?

Yes.

7. Does Ignite for HER contain estrogen or other hormones?

No.

8. Can I use Ignite for HER if I'm pregnant or breastfeeding?

Consult a health care practitioner if you are pregnant or breastfeeding, or have diabetes.

9. Can kids take Ignite for HER?

No. Ignite for HER is not approved for use in children.

10. What are the key ingredients in Ignite for HER?

The key ingredients in Ignite for HER are Shatavari, Wild Green Oat, Fenugreek, Beet Root, and Lemon Balm.

11. What benefits can I expect to experience when using Ignite for HER?

Ignite for HER includes Fenugreek which is traditionally used in herbal medicine as a nutritive tonic, as supportive therapy for the promotion of healthy glucose levels, to help stimulate the appetite, and to help reduce elevated blood lipid levels.

12. Can I take too much of Ignite for HER?

Do not exceed 2 capsules per day.

13. Are there any stimulants in Ignite for HER?

There are no artificial stimulants in Ignite for HER.

14. Will Amare Ignite for HER interact with my medications?

Consult your health practitioner prior to use if taking prescription medications.

15. Can I take Ignite for HER even if I am not sexually active?

Yes, Ignite for HER includes Fenugreek which is traditionally used in herbal medicine as a nutritive tonic, as supportive therapy for the promotion of healthy glucose levels, to help stimulate the appetite, and to help reduce elevated blood lipid levels.

16. How quickly does Ignite for HER start to work?

Since every body is different, everyone will respond differently to Ignite for HER. It can take anywhere from 2-8 weeks to start seeing results. Consistency is key and results will vary.

17. If I am on medication or have a hormone related medical condition, is Ignite for HER safe for me to take?

Consult your health practitioner prior to use if taking prescription medication or if you have a hormone related medical condition.