

Junior Mood + Frequently Asked Questions

1. How and when should Junior Mood+ be taken?

For adolescents and adults aged 12 years and older, take Junior Mood+ up to twice daily. Mix the contents of the packet in 1-2 cups of a beverage of your choice and consume immediately. Consult a health care practitioner for use beyond 8 weeks.

2. Is it vegan?

Yes.

3. Is it gluten free?

Yes.

4. Can I take Junior Mood+ if I'm pregnant or breastfeeding?

Do not use Junior Mood+ if you are pregnant or breastfeeding.

5. What is the difference between the adult Mood+ and Junior Mood+?

The adult Mood+ helps to support healthy mood balance and cognitive function in adults. Junior Mood+ is a calmativie that helps to relieve restlessness and nervousness, and supports mood balance in adolescents aged 12 and over.

6. Can my teen take Junior Mood+ while they are on prescription medication?

If your teen is on prescription medication, consult your health care practitioner before use. Do not use if you are taking heart or blood pressure medication, or blood thinners/anticoagulants.

7. Can adults take Junior Mood+?

Yes! For Adults 18 years and older, take Junior Mood+ up to twice daily. Mix the contents of the packet in 1-2 cups of a beverage of your choice and consume immediately. Consult a health care practitioner for use beyond 8 weeks.

8. What benefits can I expect to experience when using Junior Mood+?

Junior Mood+ is a calmativie that helps to relieve restlessness and nervousness, and supports mood balance in adolescents aged 12 and over.

9. My child is under 2 years old, can they still take Junior Mood+?

No, Junior Mood+ is not approved for use in children under the age of 12.