



# amare ENERGY+™

POMEGRANATE LIME



## What It Is

Amare Energy+™ Pomegranate Lime is your "ON" switch for next generation concentration and focus support.

- Next-generation energy product that supports concentration and provides improvement in mental alertness.
- NO artificial preservatives, colours, flavours, or sweeteners.
- Plant-based and gluten free.

## Why You'll Love It



Supports concentration and focus.



Increases mental alertness.



Supports energy levels.



No jitters or crash.

## How It Works

- Easy-to-mix formula to support energy levels.
- Plant-based ingredients to support mental focus and increase mental alertness.
- No jitters or crash like other high-stimulant or high-sugar energy drinks.
- Sip as needed for maximum mental energy benefits.

## How To Use It

Thoroughly mix 7g with 250–500 mL of cold or hot water.  
Do not exceed more than one scoop per day.

## How Does Amare Energy+™ Work?

Amare Energy+™ is a next-generation energy product that supports concentration and provides improvement in mental alertness, without the jitters or crash you might get from many high-stimulant or high-sugar energy drinks. Amare Energy+™ is an effective way to help improve your mental alertness, and support concentration and focus.

Your newfound energy will support you in accomplishing your goals.



### ACTIVE INGREDIENTS

Each 7g scoop contains:

Glucose monohydrate	5 g
Caffeine	45.71 mg
Camellia sinensis (Green tea) dry leaf extract from equivalent caffeine	71 mg 1.7g dry leaf 7 mg
Paullinia cupana (Guarana) dry seed extract from equivalent caffeine	102 mg 1g dry seed 25.5 mg
Punica granatum (Pomegranate) dry fruit extract from	102 mg 1.5g dry fruit
Pinus radiata (Pine) dry stem bark extract from	25.5 mg 2.5g dry stem bark
Vitis vinifera (Grapeseed) dry seed extract from	25.5 mg 3g dry seed

## Key Ingredients



**Green Tea Leaf Extract:** Known for its health promoting properties from polyphenols, naturally occurring caffeine, and L-theanine.



**Guarana Seed Extract:** Sourced from the Paullinia cupana plant indigenous to Brazil, Guarana contains alkaloids, specifically theobromine and theophylline, as well as high amounts of saponins, flavonoids, and tannins. Guarana is used in energy drinks, largely for its stimulatory effects.

In a clinical study Guarana Seed Extract was shown to significantly enhance cognitive performance. This benefit is attributed to its caffeine content as well as other active compounds, such as saponins and tannins, supporting potential as a cognitive enhancer.\*

Amare Energy+™ is delivered in a great tasting Pomegranate Lime flavour that is quick and easy to mix with hot or cold water, or to your favourite beverage.

The benefits of our carefully chosen base ingredients, Green Tea Leaf and Guarana Seed Extract are backed by several clinical studies.\*\*

Amare Energy+™ contains a unique mix of synergistic ingredients that provide improvement in mental alertness, support concentration and focus.

\*<https://www.sciencedirect.com/science/article/abs/pii/S0091305704002710?via%3Dihub>

\*\*<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9865053/pdf/nutrients-15-00434.pdf>

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