

# amare GNITE CONTE

### What It Is

Amare Ignite for HER and Amare Ignite for HIM are proprietary blends formulated with ingredients that are used to provide a source of antioxidants.

- For HER: Shatavari, Wild Green Oat, Fenugreek, Beet Root, and Lemon Balm.
- For HIM: Cordyceps Mushrooms, Rhodiola, Beet Root, and Tongkat Ali.

# How It Works

Adaptogens, herbs and phytonutrients provide antioxidants.

# Why You'll Love It

For HER:

Fenugreek is traditionally used in herbal medicine to:

- Help stimulate the appetite.
- As a nutritive tonic.
- As supportive therapy for the promotion of healthy glucose levels.
- To help reduce elevated blood lipid levels.

#### For HIM:

- Helps to temporarily relieve symptoms of stress.
- Helps to support cognitive function such as mental focus and stamina.
- Provides a source of antioxidants.



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Caffeine Free Non-GMO



No Artificial Colours, Flavours, or Sweeteners No Fillers



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### How To Use It

Adults 18 years and over, take 2 capsules per day. For Amare Ignite for HIM, avoid taking before bedtime.

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Medicinal Ingredients (per capsule):	Medicinal Ingredients (per capsule):
Oatgrass (Avena sativa 3-4:1 herb top extract)	Beet (Beta vulgaris root)

#### **Non-medicinal Ingredients:**

For HER: Microcrystalline cellulose, silicon dioxide, Oryza sativa (rice) bran extract, Oryza sativa (rice) hull powder, gum arabic, sunflower oil, vegetable juice, citric acid, maltodextrin, hypromellose

#### **Non-medicinal Ingredients:**

**For HIM:** Microcrystalline cellulose, silicon dioxide, Oryza sativa (rice) bran extract, Oryza sativa (rice) hull powder, gum arabic, sunflower oil, Spirulina platensis extract, trehalose dihydrate, trisodium citrate, hypromellose