

What It Is

Specific strains of healthy bacteria (probiotics) and specialized fibres (prebiotics) that play an important role in your overall mental and physical well-being.

How It Works

MentaBiotics® provides gut support through our MW3™ Prebiotic Blend, which is specifically formulated to feed the bacteria in our MW3™ Probiotic Blend.

Why You'll Love It

- Supports mental wellness by populating the microbiome with specific strains of probiotics and prebiotics.
- Supports the growth and vitality of a range of beneficial gut bacteria.
- Helps to promote healthy gut flora.
- Promotes a healthy mood balance and help to reduce feelings of stress.







Non-GMO



No Artificial Colours, Flavours, or Sweeteners No Fillers



Sugar Free Gluten-Free















Transgalactooligosaccharides	18 g
Partially hydrolysed guar gum	12 g
Isomaltooligosaccharides	2.8g
Lactobacillus helveticus R0052	15 billion CFU
Bifidobacterium longum subsp. longum R0175	0 .9 billion CFU
Lacticaseibacillus rhamnosus R0011	06 billion CFU
L-Theanine	2.5.mg
Apple (Malus domestica 250-300:1 fruit extract; 60% polyphenols)	25 mg
Monterey pine (Pinus radiata 100:1 stem bark extract; 80% proanthocya	anidins)
Grape Seed (Vitis vinifera 10-15:1 seed extract; 85% oligomeric proanthe	ocyanidins)15 m
Artichoke (Cynara cardunculus 8-14:1 leaf extract)	1.8 .75 mg
Ginger (Zingiber officinale 18-28:1 rhizome extract)	375 mg
L-Glutamine	1. 00 mg

Non-medicinal Ingredients (Each serving contains):

Natural flavour, Rebaudioside A, citric acid, potato starch, magnesium stearate, ascorbic acid, dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, silicon dioxide, maltodextrin.







MW3 Probiotic Blend

Our blend contains unique and specific probiotic strains targeted to support mental wellness. MW3 Probiotic Strains:

Lactobacillus rhamnosus R0011 — Promotes healthy stress response by helping to reduce the symptoms of mild to moderate stress.* Bifidobacterium longum R0175 — Enhances calmness by helping to reduce feelings of stress.

Lactobacillus helveticus R0052 — Improves mood by supporting a healthy mood balance.

MW3 Prebiotic Blend

Our MW3 Prebiotic Blend provides optimal gut support by feeding the specific mental wellness probiotic strains found in our MW3 Probiotic Blend.

MW3 Prebiotic Fibres:

(Iso-Malto-Oligosaccharides) — Contains a combination of naturally occurring prebiotic plant fibres that are clinically shown to improve the growth of specific probiotic strains

(Galacto-Oligo-Saccharides) — Resets and increases friendly gut bacteria and supports microbiome balance. Is highly effective and a natural way of increasing preferred bacteria in your gut. Plays an important role in feeding Bifidobacteria probiotic strains