

IGNITE

What It Is

Ignite for HER is the ultimate blend of nature-based herbs, phytonutrients and mineral, designed to support the balance of female wellbeing.

How It Works

The Amare Ignite for HER blend including Beetroot Powder, Green Oat Extract, Lemon Balm Extract, Shatavari, Fenugreek and Magnesium. Each ingredient is specifically chosen for its unique properties and benefits, making this supplement a must-have for any woman looking to improve her overall wellbeing. Amare Ignite for HER contains magnesium – a mineral known for its ability to reduce tiredness and fatigue. This essential nutrient also plays a role in maintaining healthy bones, muscles and nerve function.

Why You'll Love It

Ignite for HER is a carefully curated blend includes Beetroot Powder, Green Oat Extract, Lemon Balm Extract, Shatavari, Fenugreek and Magnesium. Each ingredient is specifically chosen for its unique properties and benefits, making this supplement a must-have for women looking to improve her overall wellbeing.



60 VEGETARIAN CAPSULES



IGNITE

The SCIENCE of Amare Ignite for HER

This is a blend of nature-based herbs, phyto-nutrients and minerals specially formulated to support the balance of female wellbeing and desire.



NUTRITIONAL INFORMATION Serving Size: 2 Capsules / Servings per Container: 30				
	Amount per serving	%NRV*		
Magnesium	60 mg	16 %		
Neuravena® Wild Green Oat Extract	300 mg	**		
Beetroot Powder	100 mg	**		
Shatavari Extract (equivalent to 200mg Shatavari)	40 mg	**		
Fenugreek Seed Extract (equivalent to 150mg Fenugreek)	25 mg	**		
Lemon Balm Extract (equivalent to 94mg Lemon Balm)	23.5 mg	**		
Bamboo Extract (providing 20mg Silica)	28.57 mg	**		
* Nutrient Reference Value ** No NRV established				

Ingredients



Fenugreek Seed



Beetroot



Lemon Balm



Wild Green Oat



Shatavari



Magnesium

Key Benefits



Brain Function

Magnesium contributes to a reduction of tiredness and fatigue.



Nervous System

Magnesium contributes to normal psychological function.

Magnesium contributes to normal functioning of the nervous system







When do I take the products?

	Morning	- Noon -	Evening
Amare Edge	0	0	0
Amare Energy+	\checkmark	0	
Amare MentaBiotics	\checkmark		*
Amare Ignite		0	
Sunrise	\checkmark	0	0
Nitro	\checkmark	√	\checkmark
Sunset			\checkmark
HL5	0	√	0
ON	0	0	0
Origin	0	√	0
FIT20	0	√	0
Restore	√	0	0

- √ Recommended
- * Additional Serving for optimal results
- O As needed

Do I need to take the products with food?

Most nutrients in capsules are better absorbed with food. Restore is the only product that requires food for absorption.

Can I take all the Amare products?

Yes you can. Amare's products are formulated to complement each other, providing holistic benefits. Follow the recommended dosage and usage instructions for each product.