



# menta BIOTICS

## What It Is

One of the key ingredients in Amare MentaBiotics is magnesium. Amare MentaBiotics also contains a blend of nature-based extracts, including Green Tea Extract, Artichoke Extract, ApplePhenon, Ginger Root Extract, Grape Seed Extract, and Maritime Pine Bark Extract and three bacteria cultures – Bifidobacterium longum, Lactobacillus helveticus, and Lactobacillus rhamnosus.

## How it Works

Amare MentaBiotics is a food supplement containing magnesium and a blend of botanical extracts and live bacterial cultures. Magnesium contributes to normal psychological function and the reduction of tiredness and fatigue.

## Why You'll Love It

One of the key ingredients in Amare MentaBiotics is magnesium, which plays a crucial role in our bodies. This mineral contributes to normal energy-yielding metabolism, helping you feel energized and ready to take on the day.

## How To Use

Mix 1 scoop (approx. 7.4 g) with 300 ml cold water and drink once daily. Suitable for individuals aged 12 years and older. Do not exceed the recommended daily dose.



**Combine with**  
**Amare Energy+ and Amare EDGE**



**Create your Happy Juice.**

Try our **Happy Juice Box.**



AMARE  
HAPPY  
JUICE  
PACK

## Key Features



**Vegetarian**



**Gluten Free**



**Contains Lactose\***



**No Preservatives,  
Artificial Colors,  
Flavors, or  
Sweeteners**



**Natural  
Based**



**Soy Free**



**Tree Nuts or  
Peanuts Free**



**MILK**

**Other  
Allergens**



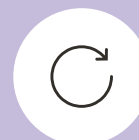
**Not Suitable  
for Vegan**



**Flavor  
Fruity**



**Servings  
222.7g**



**Daily Dosage  
1 scoop**

\*Contains lactose" + "Milk" + "Galacto-Oligosaccharides (Milk)

**\*DISCLAIMER:** Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

Amare Global products are not intended to diagnose, treat, cure, or prevent any disease or medical condition.

Please store your Amare products in a place out of reach of children. This product is suitable for individuals aged 12 years and older.

**\*\*The statements provided here are valid if the relevant vitamins and minerals are present in the supplement in the amounts specified by the regulations.**



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## The Science of MentaBiotics

Amare MentaBiotics, the ultimate supplement to promote your overall well-being. Packed with powerhouse ingredients, this supplement is designed to help you reach your full potential and help your psychological function and metabolism.



### NUTRITIONAL INFORMATION

Serving Size: 7.4 g / Servings per Container: 30

	Amount per serving	%NRV*
Magnesium	56.25 mg	15 %
SunFiber PHGG	1,200 mg	**
Green Tea Extract (providing 69 mg L-Theanine)	230 mg	**
L-Glutamine	102 mg	**
Artichoke Extract (providing 5 mg Cynarine)	100 mg	**
ApplePhenon Apple Extract (providing 17.5 mg Polyphenols)	25 mg	**
Ginger Root Extract (providing 1 mg Gingerols)	20 mg	**
Grape Seed Extract (providing 15 mg Polyphenols)	15.789 mg	**
Maritime Pine Bark Extract (providing 10 mg Proanthocyanins)	10.526 mg	**
Bifidobacterium longum R0175	26 billion CFU	**
Lactobacillus helveticus R0052	20 billion CFU	**
Lactobacillus rhamnosus R0011	20 billion CFU	**

\* Nutrient Reference Value \*\* No NRV established  
CFU = Colony-Forming Units

## Bacteria Cultures



Bifidobacterium longum R0175  
Lactobacillus helveticus R0052  
Lactobacillus rhamnosus R0011

## Ingredients



**Green Tea**



**Maritime Pine Bark**



**Artichoke**



**Stevia**



**Ginger Root**



**Magnesium**



**Grape Seed**

Maltodextrin, Galacto-Oligosaccharides (**Milk**), SunFiber Partially Hydrolysed Guar Gum (PHGG), Green Tea Extract (30% L-Theanine), L-Glutamine, Artichoke Extract (5% Cynarine), Bifidobacterium longum R0175, Lactobacillus helveticus R0052, Lactobacillus rhamnosus R0011, Flavouring, Magnesium Oxide, Acidity Regulator (Citric Acid), Sweetener (Steviol Glycosides from Stevia), ApplePhenon Apple Extract (70% Polyphenols), Ginger Root Extract (25% Gingerols), Grape Seed Extract (95% Polyphenols), Maritime Pine Bark Extract (95% Proanthocyanins)

## Key Benefits



### Metabolism

Magnesium contributes to normal energy-yielding metabolism.



### Nervous System

Magnesium contributes to a reduction of tiredness and fatigue.  
Magnesium contributes to normal functioning of the nervous system.



### Brain Function

Magnesium contributes to normal psycho-logical function.

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