



amare

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## What It Is

One of the key ingredients in Amare MentaBiotics is magnesium. Amare MentaBiotics also contains a blend of nature-based extracts, including Green Tea Extract, Artichoke Extract, ApplePhenon® Apple Extract, Ginger Root Extract, Grape Seed Extract, and Maritime Pine Bark Extract and three bacteria cultures – Bifidobacterium longum, Lactobacillus helveticus, and Lactobacillus rhamnosus.

## How it Works

Amare MentaBiotics is the first Amare product with a formula that combines bacteria cultures, magnesium, plant and botanical extracts. Physical activity, balanced diet and a healthy digestive system may help your immune system, mental clarity, increased energy and better mental wellness.\*

## Why You'll Love It

One of the key ingredients in Amare MentaBiotics is magnesium, which plays a crucial role in our bodies. This mineral contributes to normal energy-yielding metabolism, helping you feel energized and ready to take on the day.

**Combine with**  
Amare Energy+ and Amare EDGE



**Create your Happy Juice.**  
Try our Happy Juice Box.



## Key Features



Vegan



Non-GMO



Lactose Free



No Preservatives,  
Artificial Colors,  
Flavors, or  
Sweeteners



Cologne List  
Approved



Flavor  
Fruity



Servings  
30



Preparation  
Cold



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## The Science of MentaBiotics

Amare MentaBiotics, the ultimate supplement to promote your overall well-being. Packed with powerhouse ingredients, this supplement is designed to help you reach your full potential and help your psychological function and metabolism.



NUTRITIONAL INFORMATION		
Serving Size: 7.4 g / Servings per Container: 30		
	Amount per serving	%NRV*
Magnesium	56.25 mg	15 %
SunFiber PHGG	1,200 mg	**
Green Tea Extract (providing 69 mg L-Theanine)	230 mg	**
L-Glutamine	102 mg	**
Artichoke Extract (providing 5 mg Cynarine)	100 mg	**
ApplePhenon Apple Extract (providing 17.5 mg Polyphenols)	25 mg	**
Ginger Root Extract (providing 1 mg Gingerols)	20 mg	**
Grape Seed Extract (providing 15 mg Polyphenols)	15.789 mg	**
Maritime Pine Bark Extract (providing 10 mg Proanthocyanins)	10.526 mg	**
Bifidobacterium longum R0175	26 billion CFU	**
Lactobacillus helveticus R0052	20 billion CFU	**
Lactobacillus rhamnosus R0011	20 billion CFU	**

\* Nutrient Reference Value \*\* No NRV established  
CFU = Colony-Forming Units

## Ingredients



**Green Tea**



**Maritime Pine Bark**



**Artichoke**



**Stevia**



**Ginger Root**



**Magnesium**



**Grape Seed**

## Bacteria Cultures



Bifidobacterium longum R0175  
Lactobacillus helveticus R0052  
Lactobacillus rhamnosus R0011

## Key Benefits



### Metabolism

Magnesium contributes to normal energy-yielding metabolism.



### Nervous System

Magnesium contributes to a reduction of tiredness and fatigue.  
Magnesium contributes to normal functioning of the nervous system.



### Brain Function

Magnesium contributes to normal psycho-logical function.



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## When do I take the products?



	Morning	Noon	Evening
<b>Amare Edge</b>	○	○	○
<b>Amare Energy+</b>	✓	○	
<b>Amare MentaBiotics</b>	✓		*
<b>Amare Ignite</b>		○	
<b>Sunrise</b>	✓	○	○
<b>Nitro</b>	✓	✓	✓
<b>Sunset</b>			✓
<b>HL5</b>	○	✓	○
<b>ON</b>	○	○	○
<b>Origin</b>	○	✓	○
<b>FIT20</b>	○	✓	○
<b>Restore</b>	✓	○	○

- ✓ Recommended
- \* Additional Serving for optimal results
- As needed

### Do I need to take the products with food?

Most nutrients in capsules are better absorbed with food. Restore is the only product that requires food for absorption.

### Can I take all the Amare products?

Yes you can. Amare's products are formulated to complement each other, providing holistic benefits. Follow the recommended dosage and usage instructions for each product.