

What It Is

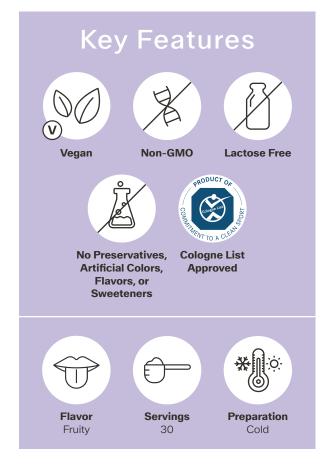
One of the key ingredients in Amare MentaBiotics is magnesium. Amare MentaBiotics also contains a blend of nature-based extracts, including Green Tea Extract, Artichoke Extract, ApplePhenon® Apple Extract, Ginger Root Extract, Grape Seed Extract, and Maritime Pine Bark Extract and three bacteria cultures – Bifidobacterium longum, Lactobacillus helveticus, and Lactobacillus rhamnosus.

How it Works

Amare MentaBiotics is the first Amare product with a formula that combines bacteria cultures, magnesium, plant and botanical extracts. Physical activity, balanced diet and a healthy digestive system may help your immune system, mental clarity, increased energy and better mental wellness.*

Why You'll Love It

One of the key ingredients in Amare MentaBiotics is magnesium, which plays a crucial role in our bodies This mineral contributes to normal energy-yielding metabolism, helping you feel energized and ready to take on the day.



Combine with

Amare Energy+ and Amare EDGE





Create your Happy Juice.
Try our Happy Juice Box.









menta BIOTICS

The Science of MentaBiotics

Amare MentaBiotics, the ultimate supplement to promote your overall well-being. Packed with powerhouse ingredients, this supplement is designed to help you reach your full potential and help your psicological function and metabolism.



	Amount per serving	%NRV*
Magnesium	56.25 mg	15 %
SunFiber PHGG	1,200 mg	**
Green Tea Extract (providing 69 mg L-Theanine)	230 mg	**
L-Glutamine	102 mg	**
Artichoke Extract (providing 5 mg Cynarine)	100 mg	**
ApplePhenon Apple Extract (providing 17.5 mg Polyphenols)	25 mg	**
Ginger Root Extract (providing 1 mg Gingerols)	20 mg	**
Grape Seed Extract (providing 15 mg Polyphenols)	15.789 mg	**
Maritime Pine Bark Extract (providing 10 mg Proanthocyanins)	10.526 mg	**
Bifidobacterium longum R0175	26 billion CFU	**
Lactobacillus helveticus R0052	20 billion CFU	**
Lactobacillus rhamnosus R0011	20 billion CFU	**

Ingredients



Green Tea



Maritime Pine Bark



Artichoke



Stevia



Ginger Root



Magnesium



Grape Seed

Bacteria Cultures



Bifidobacterium longum R0175 Lactobacillus helveticus R0052 Lactobacillus rhamnosus R0011

Key Benefits



Metabolism

Magnesium contributes to normal energy-yielding metabolism.



Nervous System

Magnesium contributes to a reduction of tiredness and fatigue.

Magnesium contributes to normal functioning of the nervous system.



Brain Function

Magnesium contributes to normal psycho-logical function.





When do I take the products?

	Morning	- Noon -	Evening
Amare Edge	0	0	0
Amare Energy+	\checkmark	0	
Amare MentaBiotics	\checkmark		*
Amare Ignite		0	
Sunrise	\checkmark	0	0
Nitro	√	√	\checkmark
Sunset			\checkmark
HL5	0	√	0
ON	0	0	0
Origin	0	√	0
FIT20	0	√	0
Restore	√	0	0

- √ Recommended
- * Additional Serving for optimal results
- O As needed

Do I need to take the products with food?

Most nutrients i capsules are better absorbed with food. Restore is the only product that requires food for absorption.

Can I take all the Amare products?

Yes you can. Amare's products are formulated to complement each other, providing holistic benefits. Follow the recommended dosage and usage instructions for each product.