



amare



COGNITIVE NUTRITION*

What It Is

ON contains a unique blend of Guarana Seed Extract, Alpinia Galangal, Green Tea Extract, Wild Alaskan Blueberry Extract, Bacopa Monnieri, Ashwagandha Root Extract, Stevia, Cane Juice Syrup, Thiamine HCl, Riboflavin, Nicotinamide, Pyridoxine, Methylcobalamin, Inositol, Citicoline, L-Citrulline, Taurine and Pyrroloquinoline Quinone. Each of these ingredients have been carefully selected for their individual benefits and combined to create an effective supplement.

How It Works

Most caffeinated drinks can only get you so far and most caffeine products target only energy. Many lack naturally sourced caffeine and nutrients like nootropics that can promote focus, alertness and concentration. Instead, they're packed full of sugar and artificial ingredients. That's why ON combines the power of naturally sourced guarana caffeine for sustainable energy with a proprietary blend of optimized nootropics designed to support focus, attention, and clarity.

ON contains Vitamins B1, B2, B3, B6 & B12. These Vitamins contribute to the functioning of the nervous system, psychological function (exc. for Vitamin B2) and the reduction of tiredness and fatigue (exc. for Vitamin B1).

Why You'll Love It

ON contains a blend of B vitamins including B6 and B12, which contribute to the reduction of tiredness and fatigue and support normal psychological and energy-yielding metabolism.

***DISCLAIMER:** Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

Amare Global products are not intended to diagnose, treat, cure, or prevent any disease or medical condition.

Please store your Amare products in a place out of reach of children. This product is suitable for individuals aged 12 years and older.

****The statements provided here are valid if the relevant vitamins and minerals are present in the supplement in the amounts specified by the regulations.**

EU-ENG Amare ON – amare.com



Key Features



Natural Based



Gluten Free



Lactose Free



Vegan & Vegetarian



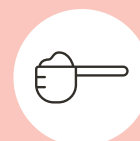
Soy Free



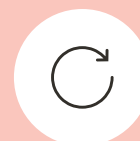
Tree Nuts or Peanuts Free



Flavor
Raspberry
Grapefruit



Servings
7



Daily Dosage
1 Pouches

How To Use

For maximum benefit from ON SHOTS ingredients, Consume 1 pouch (60 ml) per day. Suitable for individuals aged 12 years and older. Do not exceed the recommended daily dose. This product is intended to support energy-yielding metabolism and normal mental performance throughout the day. You can plan your sleep pattern according to the duration of effect. 7 Pouch of 60 ml.



COGNITIVE NUTRITION*

The SCIENCE of Amare ON

ON combines the power of naturally sourced guarana caffeine for sustainable energy* with a proprietary blend of optimized nootropics designed to support focus, attention and clarity.**

*When consumed by humans, caffeine stimulates the central nervous system and in moderate doses increases alertness and reduces sleepiness.
(<http://www.efsa.europa.eu/en/topics/topic/caffeine>)

**Vitamins B1, B6 & B12 contribute to the functioning of the nervous system, psychological function and the reduction of tiredness and fatigue.

*Contains caffeine (100 mg per serving).

Not recommended for children, pregnant or breastfeeding women



NUTRITIONAL INFORMATION

Serving Size: 1 Pouch (62g)/ Number of Servings: 7

	Amount per serving	per 100g	%RI*
Energy	88 kJ 21 kcal	142 kJ 34,5 kcal	
Fat	Trace	<0,1 g	
Carbohydrates	5,82 g	9,38 g	
Of which sugars	2 g	3,22 g	
Protein	<0,5 g	<1 g	
Salt	0,29 g	0,467 g	
Caffeine	100 mg	161,3 mg	
Vitamins			
Vitamin B1	0,68 mg	1,1 mg	100 %
Vitamin B2	0,87 mg	1,4 mg	100 %
Vitamin B3	9,92 mg	16 mg	100 %
Vitamin B6	0,87 mg	1,4 mg	100 %
Vitamin B12	1,55 µg	2,5 µg	100 %

*%RI: Reference Intake

amare

Ingredients



Guarana Seed Extract



Bacopa Monnieri



Alpinia Galangal



Ashwagandha Root Extract



Green Tea Extract



Stevia



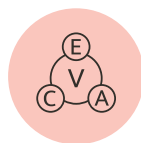
Wild Alaskan Blueberry Extract



Cane Juice Syrup

Purified water, cane juice syrup, sweetener: erythritol (E 968), acid: citric acid (E 330), guarana seed extract (Paulinia cupana) titrated in caffeine, inositol, tea leaf extract (Camellia sinensis) titrated in theanine, sodium chloride, taurine, citicoline, raspberry flavour, gelling agent: xanthan gum (E 415), L-citrulline, galangal rhizome extract (Alpinia galanga), masking flavour, ashwagandha root extract (Withania somnifera), preservative: potassium sorbate, Bacopa monnieri whole plant extract, grapefruit flavour, sweetener: steviol glycosides (E 960), nicotinamide (niacin), pyrrolo-quinoline quinone disodium salt, wild Alaskan blueberry fruit extract (Vaccinium myrtillus), pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1), methylcobalamin (vitamin B12).

Vitamins



Thiamine (Vitamin B1)
Riboflavin (Vitamin B2)
Niacin (Vitamin B3)
Vitamin B6
Vitamin B12

***DISCLAIMER:** Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

Amare Global products are not intended to diagnose, treat, cure, or prevent any disease or medical condition.

Please store your Amare products in a place out of reach of children. This product is suitable for individuals aged 12 years and older.

****The statements provided here are valid if the relevant vitamins and minerals are present in the supplement in the amounts specified by the regulations.**



COGNITIVE NUTRITION*

Key Benefits



Metabolism

Thiamine, Riboflavin, Niacin, Vitamin B6 and B12 contribute to normal energy-yielding metabolism.
Riboflavin contributes to the normal metabolism of iron.
Vitamin B6 contributes to normal cysteine synthesis.
Vitamin B6 contributes to normal protein and glycogen metabolism.
Vitamin B6 and B12 contribute to normal homocysteine metabolism.



Heart

Thiamine contributes to the normal function of the heart.



Vision

Riboflavin contributes to the maintenance of normal vision.



Nervous System

Thiamine, Riboflavin, Niacin, Vitamin B6 and B12 contribute to normal functioning of the nervous system.
Riboflavin contributes to the protection of cells from oxidative stress.
Riboflavin, Niacin, Vitamin B6 and B12 contribute to the reduction of tiredness and fatigue.
Vitamin B6 contributes to the regulation of hormonal activity.



Cells

Riboflavin and Niacin contribute to the maintenance of normal mucous membranes.
Vitamin B6 contributes to normal red blood cell formation.
Vitamin B12 has a role in the process of cell division.



Blood

Riboflavin contributes to the maintenance of normal red blood cells.
Vitamin B12 contributes to normal red blood cell formation.



Skin

Riboflavin and Niacin contribute to the maintenance of normal skin.



Immune System

Vitamin B6 and B12 contribute to the normal function of the immune system.



Brain Function

Thiamine, Niacin, Vitamin B6 and B12 contribute to normal psychological function.

***DISCLAIMER:** Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

Amare Global products are not intended to diagnose, treat, cure, or prevent any disease or medical condition.

Please store your Amare products in a place out of reach of children. This product is suitable for individuals aged 12 years and older.

****The statements provided here are valid if the relevant vitamins and minerals are present in the supplement in the amounts specified by the regulations.**