



# Restore<sup>®</sup>

## What It Is

Restore is a unique blend of 9 botanicals, 5 digestive enzymes, and 2 billion live bacteria cultures. Restore Supplement is manufactured with the highest quality standards, using only nature based ingredients.

## How it Works

In addition to 9 botanicals, Restore also contains 5 carefully selected bacteria cultures. Bifidobacterium infantis, Lactobacillus plantarum, Lactobacillus rhamnosus, Bifidobacterium longum, and Lactobacillus acidophilus. To further enhance its effectiveness, Restore also includes 5 digestive enzymes - Amylase, Protease, Lactase, Lipase, and Cellulase. These enzymes help to break down food and aid in the absorption of nutrients.

## Why You'll Love It

Restore stands out from the rest. Our blend of 9 botanicals includes Juniper Berry Powder, Dandelion Root Powder, Fennel Seed Powder, Parsley Leaf Powder, Milk Thistle Seed Extract, Marshmallow Root Powder, Ginger Root Powder, Black Pepper Seed 4:1 Extract, and Horsetail Whole Herb Extract. Each of these botanicals has been carefully selected to create an amazing synergy.



## Key Features



**Vegan**



**Collagen**



**Gluten Free**



**Cologne List Approved**



**Servings**  
30



**Daily Dosage**  
Max. 6 Capsules

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## The Science of Amare Restore

Restore with our powerful formula is carefully crafted with five important enzymes, botanical extracts, and 2 billion live bacteria cultures in every serving to provide comprehensive support for your overall well-being.



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## Botanicals



**Juniper Berry**



**Marshmallow Root**



**Dandelion Root**



**Ginger Root**



**Fennel Seed**



**Black Pepper**



**Parsley Leaf**



**Horstail**



**Milk Thistle Seed**

### NUTRITIONAL INFORMATION

Serving Size: 2 Capsules / Servings per Container: 30

	Per day (2 capsules)	6 capsules
Bacteria cultures	Total 2x10 <sup>9</sup> CFU*	Total 6x10 <sup>9</sup> CFU*
- L. acidophilus	4x10 <sup>8</sup> CFU*	12x10 <sup>8</sup> CFU*
- L. plantarum	4x10 <sup>8</sup> CFU*	12x10 <sup>8</sup> CFU*
- L. rhamnosus	4x10 <sup>8</sup> CFU*	12x10 <sup>8</sup> CFU*
- B. longum	4x10 <sup>8</sup> CFU*	12x10 <sup>8</sup> CFU*
- B. infantis	4x10 <sup>8</sup> CFU*	12x10 <sup>8</sup> CFU*
Enzyme blend	Total 250 mg	Total 750 mg
- Amylase	6250 SKB	18750 SKB
- Protease	2500 HUT	7500 HUT
- Lactase	1000 ALU	3000 ALU
- Lipase	250 UI	750 UI
- Cellulase	100 UI	300 UI
Dandelion Root Powder	150 mg	450 mg
Ginger Root Powder	50 mg	150 mg
Pink Himalayan Salt	50 mg	150 mg
Milk Thistle Seed Extract	20 mg	60 mg
Horsetail Whole Herb Extract	15 mg	45 mg
Juniper Berry Powder	15 mg	45 mg
Fennel Seed Powder	15 mg	45 mg
Marshmallow Root Powder	15 mg	45 mg
Parsley Leaf Powder	10 mg	30 mg
Black Pepper Seed Extract (4:1)	1,27 mg (equivalent to 5 mg dry plant)	3,81mg (equivalent to 15 mg dry plant)

\*CFU: Colony-Forming Units

## Bacteria Cultures



Bifidobacterium infantis  
Lactobacillus plantarum  
Lactobacillus rhamnosus  
Bifidobacterium longum  
Lactobacillus acidophilus

## Digestive Enzymes



Amylase  
Protease  
Lactase  
Lipase  
Cellulase

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## Digestive Enzymes



### Amylase

Amylase is an enzyme involved in the body's sugar metabolism. It is found in saliva and in the secretions of the pancreas. The enzyme breaks down large sugar molecules ingested with food into smaller sugar units.



### Protease

A protease (also called a peptidase or proteinase) is an enzyme that catalyzes (increases reaction rate or „speeds up“) proteolysis, breaking down proteins into smaller polypeptides or single amino acids, and spurring the formation of new protein products.



### Lactase

Lactase is the name of an enzyme found in the intestine that splits lactose into its components galactose and glucose. Without this chemical reaction, the components of lactose cannot be absorbed by the mucosa of the small intestine.



### Lipase

Lipase (LIP) is a digestive enzyme produced in the pancreas. It is required by the body for the digestion of fats (triglycerides).



### Cellulase

Cellulases break down the cellulose molecule into monosaccharides („simple sugars“) such as beta-glucose, or shorter polysaccharides and oligosaccharides.





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## When do I take the products?



	Morning	Noon	Evening
<b>Amare Edge</b>	○	○	○
<b>Amare Energy+</b>	✓	○	
<b>Amare MentaBiotics</b>	✓		*
<b>Amare Ignite</b>		○	
<b>Sunrise</b>	✓	○	○
<b>Nitro</b>	✓	✓	✓
<b>Sunset</b>			✓
<b>HL5</b>	○	✓	○
<b>ON</b>	○	○	○
<b>Origin</b>	○	✓	○
<b>FIT20</b>	○	✓	○
<b>Restore</b>	✓	○	○

- ✓ Recommended
- \* Additional Serving for optimal results
- As needed

### Do I need to take the products with food?

Most nutrients in capsules are better absorbed with food. Restore is the only product that requires food for absorption.

### Can I take all the Amare products?

Yes you can. Amare's products are formulated to complement each other, providing holistic benefits. Follow the recommended dosage and usage instructions for each product.