



TRIANGLE OF WELLNESS XTREME

The Triangle of Wellness Xtreme - the ultimate solution for your wellness. This innovative supplement system is designed to work seamlessly with your daily routine, making it the perfect addition to your busy lifestyle.

From the very beginning, we realized the nutritional potential of berries combining it with other superfoods to create Sunrise, a delicious blend of juices that provide the body with 9 vitamins. Complementing Amare Sunrise™ is Amare Sunset™, Vitamine E (Tocopherol), along with Omega-3 fatty acids from fish including Salmon. The unifying factor completing the Triangle of Wellness is Nitro, with Noni Fruit Concentrate.

WHAT IT IS?

Triangle of Wellness includes Amare's three most popular and trusted nutritional wellness products:

- Amare Sunset™
- Amare Sunrise™,
- Amare Nitro Xtreme™,



For more visit www.amare.com

***DISCLAIMER:** This information relies upon scientific research on certain ingredients in Amare products. None of the studies examined Amare product specifically, and there is not necessarily a relationship between the results of these studies and any Amare product. Amare products are not intended to, and do not, diagnose, treat, cure, prevent, or mitigate any disease or condition. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose. Keep out of reach of children. For adults only.



WHY YOU´LL LOVE IT?

Triangle of Wellness Xtreme is a unique combination of three powerful products that work together to provide you with the essential nutrients your body might need to thrive.

The system is simple and easy to use, ensuring that you never miss a dose and can experience these incredible supplements.

HOW IT WORKS?

- The Triangle of Wellness Xtreme is simple to include in your daily routine.
- Start your morning with Amare Nitro Xtreme™, followed by Amare Sunrise™ a carefully crafted blend of 22 foods including berries such as bilberry, blueberry, Canadian blueberry, red raspberry, aronia, lingonberry, cranberry, and acai berry, together with 9 vitamins, designed to complement a varied and balanced diet.
- Four to five hours later, enjoy your next serving of Amare Nitro Xtreme™ as part of your daily schedule.
- Finally, before bedtime, take Amare Nitro Xtreme™ once more, followed by Amare Sunset™, which provides Omega-3 fatty acids from wild-sourced fish, including salmon, to help you complete your daily routine.



For more visit www.amare.com

***DISCLAIMER:** This information relies upon scientific research on certain ingredients in Amare products. None of the studies examined Amare product specifically, and there is not necessarily a relationship between the results of these studies and any Amare product. Amare products are not intended to, and do not, diagnose, treat, cure, prevent, or mitigate any disease or condition. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose. Keep out of reach of children. For adults only.



30 Pouches

30 ml



Vegan



Gluten Free



Lactose Free



Plant Based

SUNRISE[®]

22 beneficial foods & 9 Vitamins. Sunrise is the perfect way to kick start your day and give your body the nutrients it needs to thrive.

Amare Sunrise[™] combines 22 carefully selected superfoods, including berries such as bilberry, blueberry, Canadian blueberry, red raspberry, aronia, lingonberry, cranberry, and acai berry – each naturally containing different nutrients. The result is a delicious blend that provides 9 essential vitamins in a single serving, designed to complement a varied and balanced diet as part of a healthy lifestyle.

Recommended Use: Start your day with 1 (30 ml) of Pouch Amare Sunrise[™]. Make it your morning routine, you will love it. For adults only.

For more visit www.amare.com

***DISCLAIMER:** This information relies upon scientific research on certain ingredients in Amare products. None of the studies examined Amare product specifically, and there is not necessarily a relationship between the results of these studies and any Amare product. Amare products are not intended to, and do not, diagnose, treat, cure, prevent, or mitigate any disease or condition. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose. Keep out of reach of children. For adults only.



90 Capsules = 61 g



Lactose Free



Gluten Free



Not Suitable
for Vegan &
Vegetarian



Other Allergens

SUNSET[®]

Sunset[™], your daily food supplement formulated with carefully selected, naturally sourced Omega-3 fatty acids and Vitamin E, is designed to support your overall well-being. This premium blend provides essential lipid-soluble nutrients such as Vitamin D3, EPA and DHA (Omega-3), Astaxanthin, and Vitamins E and A. Integrate Sunset[™] into your daily routine to nourish and maintain these health systems, helping you embrace life with vitality and confidence every day.

Omega-3 fatty acids are essential nutrients that cannot be naturally produced by the human body and must be obtained through diet or supplementation. Amare Sunset[™] provides high-quality Omega-3 fatty acids (EPA and DHA) sourced responsibly from wild fish, including salmon, recognized for its natural purity. Make Amare Sunset[™] part of your daily health routine to support these essential aspects of your well-being and to promote vitality from within.

Recommended Use: Take 3 capsules together with your evening meal. Do not exceed the recommended daily dosage. For adults only. 90 Gel Capsules.

For more visit www.amare.com

***DISCLAIMER:** This information relies upon scientific research on certain ingredients in Amare products. None of the studies examined Amare product specifically, and there is not necessarily a relationship between the results of these studies and any Amare product. Amare products are not intended to, and do not, diagnose, treat, cure, prevent, or mitigate any disease or condition. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose. Keep out of reach of children. For adults only.



56 ml (1120 drops)



Vegan &
Vegetarian



Natural Based



Other Allergens



Lactose Free

NITRO XTREME™

Nitro Xtreme contain Amare's proprietary blend of Noni fruit concentrate. Nitro Xtreme contains even more Noni concentrate, plus additional components to help give your body an extra boost.

The unifying factor completing the Triangle of Wellness is Nitro, which helps the body absorb the nutrients in Sunrise and Sunset.* The Triangle of Wellness is the ideal way to get the most out of our diet and ensure that we are taking in the nutrients we need to maintain our Healthy Living Lifestyle.

Recommended Use: Use 1 ml (20 drops) up to three times daily as part of your Healthy Living lifestyle. Shake well before use. We recommend you to take Nitro Xtreme before Sunrise and Amare Sunset™ to ensure optimal nutrient absorption, and throughout the day to boost your energy level.

For more visit www.amare.com

***DISCLAIMER:** This information relies upon scientific research on certain ingredients in Amare products. None of the studies examined Amare product specifically, and there is not necessarily a relationship between the results of these studies and any Amare product. Amare products are not intended to, and do not, diagnose, treat, cure, prevent, or mitigate any disease or condition. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose. Keep out of reach of children. For adults only.

HOW TO USE?

1

Start your day by consuming Nitro first and then Sunrise. While the 22 superfoods give you a delicious start to the day, the Noni Fruit Concentrate in Nitro supports the production of Nitric Oxide in your body, helping accelerate the absorption of these nutrients.

2

After four or five hours, consuming Nitro again helps with absorption and also contributes to normal energy-yielding metabolism thanks to the Thiamine and Niacin it contains.

3

Finally, before going to bed, consume Nitro once more, followed by Sunset, which contains Omega-3 and Astaxanthin derived from wild fish, including Wild Alaska Salmon.

- * The beneficial effect is obtained with a daily intake of 250 mg DHA.
- * To obtain the beneficial effect, a daily intake of 250 mg EPA and DHA is required.
- * A balanced and varied diet and a healthy lifestyle are important.
- * Excessive consumption may have a laxative effect.

Take 3 capsules daily, preferably 1 or 2 hours after dinner and ideally 1 hour before bedtime.

Take 1 pouch of Sunrise in the morning, after Nitro.

It is recommended to **take 1 ml** three times daily (or 3 × 1 ml).



For more visit www.amare.com

***DISCLAIMER:** This information relies upon scientific research on certain ingredients in Amare products. None of the studies examined Amare product specifically, and there is not necessarily a relationship between the results of these studies and any Amare product. Amare products are not intended to, and do not, diagnose, treat, cure, prevent, or mitigate any disease or condition. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose. Keep out of reach of children. For adults only.



BENEFITS OF KEY INGREDIENTS

Amare Sunrise™

Vitamin C (L-ascorbic acid)

- Contributes to the normal function of the immune system
- Contributes to normal collagen formation for the normal function of skin, bones, cartilage, gums, teeth and blood vessels
- Contributes to the reduction of tiredness and fatigue
- Contributes to the protection of cells from oxidative stress

Vitamin B3 (Niacin / Nicotinamide)

- Contributes to normal energy-yielding metabolism
- Contributes to the normal functioning of the nervous system
- Contributes to the maintenance of normal skin and mucous membranes
- Contributes to the reduction of tiredness and fatigue

Vitamin B5 (Pantothenic acid – D-pantothenate, calcium)

- Contributes to normal energy-yielding metabolism
- Contributes to the reduction of tiredness and fatigue
- Contributes to normal mental performance
- Contributes to the synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters

Vitamin B6 (Pyridoxine hydrochloride)

- Contributes to normal energy-yielding metabolism
- Contributes to normal protein and glycogen metabolism
- Contributes to normal psychological function
- Contributes to the normal function of the immune system
- Contributes to the regulation of hormonal activity
- Contributes to the reduction of tiredness and fatigue

Vitamin B1 (Thiamine hydrochloride)

- Contributes to normal energy-yielding metabolism
- Contributes to the normal functioning of the nervous system
- Contributes to normal psychological function
- Contributes to the normal function of the heart

Vitamin B2 (Riboflavin)

- Contributes to normal energy-yielding metabolism
- Contributes to the normal functioning of the nervous system
- Contributes to the maintenance of normal red blood cells
- Contributes to the maintenance of normal skin and vision
- Contributes to the protection of cells from oxidative stress
- Contributes to the reduction of tiredness and fatigue

Folic acid (Pteroylmonoglutamic acid – Vitamin B9)

- Contributes to normal maternal tissue growth during pregnancy
- Contributes to normal amino acid synthesis
- Contributes to normal blood formation
- Contributes to normal psychological function
- Contributes to the normal function of the immune system
- Contributes to the reduction of tiredness and fatigue

Biotin (D-biotin – Vitamin B7/H)

- Contributes to normal energy-yielding metabolism
- Contributes to normal macronutrient metabolism
- Contributes to normal psychological function
- Contributes to the maintenance of normal hair and skin
- Contributes to the maintenance of normal mucous membranes

Vitamin B12 (Cyanocobalamin)

- Contributes to normal energy-yielding metabolism
- Contributes to the normal functioning of the nervous system
- Contributes to normal red blood cell formation
- Contributes to normal homocysteine metabolism
- Contributes to normal psychological function
- Contributes to the normal function of the immune system
- Contributes to the reduction of tiredness and fatigue

Amare Sunset™

- EPA and DHA contribute to the normal function of the heart. (Beneficial effect is achieved with a daily intake of 250 mg EPA and DHA.)
- DHA contributes to maintenance of normal brain function. (Beneficial effect is achieved with a daily intake of 250 mg DHA.)
- DHA contributes to the maintenance of normal vision. (Beneficial effect is achieved with a daily intake of 250 mg DHA.)
- Vitamin E contributes to the protection of cells from oxidative stress, helping your body maintain its vitality day after day

- Vitamin D contributes to normal absorption/utilization of calcium and phosphorus.
- Vitamin D has a role in the process of cell division.
- Vitamin D contributes to the normal function of the immune system.
- Vitamin D contributes to normal blood calcium levels.
- Vitamin D contributes to the maintenance of normal bones.
- Vitamin D contributes to the maintenance of normal muscle function.
- Vitamin D contributes to the maintenance of normal teeth.

- Vitamin A in this stable and bioavailable form contributes to maintaining normal vision, healthy skin, and supports the normal function of your immune system.
- Vitamin A contributes to the maintenance of normal vision.
- Vitamin A contributes to normal iron metabolism.
- Vitamin A contributes to the maintenance of mucous membranes.
- Vitamin A has a role in the process of cell specialization.
- Vitamin A contributes to the maintenance of normal skin.
- Vitamin A contributes to the normal function of the immune system.

Amare Nitro Xtreme™

- Thiamine contributes to normal energyyielding metabolism.
- Niacin contributes to normal energy-yielding metabolism.
- Zinc contributes to normal acid-base metabolism.
- Zinc contributes to normal carbohydrate metabolism.
- Zinc contributes to normal macronutrient metabolism.
- Chromium contributes to normal macronutrient metabolism.
- Zinc contributes to normal metabolism of fatty acids.
- Zinc contributes to normal metabolism of vitamin A.
- Chromium contributes to the maintenance of normal blood glucose levels.

For more visit www.amare.com

***DISCLAIMER:** This information relies upon scientific research on certain ingredients in Amare products. None of the studies examined Amare product specifically, and there is not necessarily a relationship between the results of these studies and any Amare product. Amare products are not intended to, and do not, diagnose, treat, cure, prevent, or mitigate any disease or condition. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose. Keep out of reach of children. For adults only.