

# OmMEGA®

ultra-pure fish oil that supports mental wellness\*



- SUPPORTS COGNITIVE HEALTH\*
- PROMOTES MEMORY RECALL\*
- SUPPORTS CARDIOVASCULAR FUNCTION\*

OmMega® is a sustainably sourced, lavender-infused fish oil that features a 5:1 ratio of EPA to DHA scientifically shown to support mental wellness.\*

The scientific validation of health benefits provided from omega-3s — from fish oil specifically — are well established. Omega-3s are one of the most researched and proven supplements available today, but there are drastically different levels of purity, quality and effectiveness on the market. Amare's OmMega is different than the rest and the best choice for both targeted mental wellness and general health benefits.

OmMega® is a sustainably sourced, lavender-infused fish oil that features a 5:1 ratio of EPA to DHA scientifically shown to support mental wellness. The specific ratio of high EPA to DHA is known to have a more effective profile in mental health benefits such as cognition, memory recall, mental acuity, alertness, positive mood, neurogenesis, and resilience from feelings of depression compared to a generic fish oil product.

In addition to the mental wellness benefits provided by OmMega, the omega-3 fatty acids in our specialized blend also provide support for your heart, joints and skin. The 900 mg of targeted omega-3 fatty acids in OmMega bridge the gap between the average American's typical nutritional intake from foods compared to the optimal value for whole body health.

OmMega is infused with a premium lavender oil to remedy the typical fishy taste, smell and those dreaded "fish burps." The purity from consistent sourcing and manufacturing processes results in a nearly pure, water-like appearance — drastically different from the typical yellow, orange and/or tinted fish oils on the market, which are less pure.

All fish oil products are not sourced the same! The single and consistent fish oil source in OmMega comes from Arica, Chile, and yields greater stability along with an optimized nutrient profile. Our production facility has a microscopic ecological footprint, using 100% renewable energy.\*

- 1 Supports cognition and mental performance\*
- 2 Supports normal memory, attention control, alertness, and positive mood\*
- 3 Protects against lipid oxidation and supports healthy function of the brain\*
- 4 Promotes healthy cardiovascular, nervous and immune system function\*
- 5 Helps regulate the body's natural inflammatory response\*
- 6 Provides a healthy balance of all-natural, pure omega-3 fatty acids\*

Item Code:

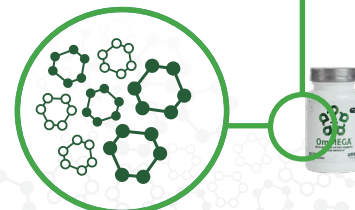
OmMega:

S011

## WHAT IS THIS LABEL PATTERN?

### OMEGA-3 FATTY ACIDS

Naturally occurring fatty acids, such as EPA and DHA, that help reduce inflammation and are important in cognitive function.



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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# SCIENCE & INFORMATION

# OmMEGA®



**Contains ultra-pure, ultra-potent omega-3 content — 5:1 ratio of EPA to DHA for targeted mental health benefits\***



**Promotes cardiovascular health\***



**Supports memory and cognitive functions, while promoting a healthy nervous system\***

**Directions:** Take 2 softgels with 8 oz. of water. Do not exceed 6 softgels per day.

## SUPPLEMENT FACTS

**Serving Size: 2 Softgels**  
**Servings Per Container: 30**

Amount Per Serving	%DV*	
Calories	15	
Total Fat	1.5 g	2%*
Cholesterol	1.5 mg	<1%*
<b>Mental Wellness Ratio Fish Oil</b>	<b>1500 mg</b>	†
Total Omega-3 Fatty Acids	975 mg	†
EPA (Eicosapentaenoic Acid)	750 mg	†
DHA (Docosahexaenoic Acid)	150 mg	†
Additional Omega-3 Fatty Acids	75 mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

**Other Ingredients:** Gelatin, Glycerin, Purified Water, Lavender Oil

**Contains:** Fish (Wild Anchovy)

## Quality You Can See

Our fish oil source is so pure, potent and high quality, that the final product has an almost transparent or clear appearance, compared to the typical fish oils that you see on the market which are yellow, orange, brown, or cloudy.\*



OmMega clearly stands apart from other omega-3 fish oil products on the market. Its targeted mental wellness benefits, purity, potency, and sustainable sourcing, place it at the pinnacle of choices for fish oils on the market. At Amare, we're leading the mental wellness revolution, and we're proud to have the world's leading mental wellness targeted omega-3 product!\*

To guarantee consistent quality of all of our products and process, we have a variety of certifications, including:



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